

## **FACTS ABOUT THE MEDICAID STATE PLAN PERSONAL CARE (SPPC) & AIDS WAIVER PROGRAM**

The Missouri Medicaid State Plan Personal Care (SPPC) and AIDS Waiver programs are designed to provide home and community-based services to individuals with a diagnosis of AIDS or HIV-related illness in lieu of institutional care. The Missouri Department of Social Services and the Department of Health and Senior Services jointly administer these programs.

### **SERVICES PROVIDED**

Services available through the SPPC Program include personal care (assistance with activities of daily living such as bathing, grooming, dressing and medically related household tasks), advanced personal care (assistance with activities of daily living when such assistance requires devices and procedures related to altered body functions), and authorized nurse visits (maintenance or preventive services provided for stable chronic conditions). Services available through the AIDS Waiver Program include waiver personal care (defined the same as SPPC), Private Duty Nursing, (needing nursing RN/LPN care in an amount greater than 3 hours per day), Waiver Attendant Care (hands-on supportive and health-related care including nursing care), and supplies (under-pads, diapers and gloves).

#### **To be eligible for SPPC and AIDS Waiver program services, the following criteria must be met:**

- be enrolled in HIV Case Management in Missouri
- be Medicaid eligible
- be assessed at a nursing home level of care
- be diagnosed as having AIDS or HIV-related illness
- be in need of a SPPC/AIDS Waiver program service
- be assessed as meeting two medical criteria to receive private duty nursing or attendant care

#### **Additional criteria requires the recipient must:**

- be maintained safely in the home environment by a coordinated set of services as mutually established with the client, care coordinator and primary care physician;
- be receiving services at a cost which can be reasonably expected to be equivalent to or less than the cost of nursing home care; and
- be cooperative in following the approved plan of care to the extent that the client's health and welfare are not jeopardized.

### **PROCEDURE**

In order to receive Medicaid SPPC or AIDS Waiver services, an HIV case manager assesses if the individual is eligible for the SPPC/AIDS Waiver program. Individuals determined to be eligible for SPPC/AIDS Waiver program services are assessed at least every six months or more frequently if a client's condition changes. A plan of care is developed for eligible individuals with input from the client, family, significant other, physician, home care agencies and the case manager. The plan of care will indicate the type, amount, frequency and duration of services as well as the provider for the service(s). No services will be provided until the prior authorization process has taken place. Each time there is a change in the plan of care, the case manager calculates the cost effectiveness of the plan and prior authorizes services for payment to eligible providers as set forth in the plan of care. Each client will receive a monthly home visit by the case manager. The purpose of the home visit is to evaluate/assess the client's needs on an ongoing basis to assure that the plan of care (service package) is appropriate. This process will assure that there is a true need for Medicaid SPPC or AIDS Waiver services and funds are used prudently.

### **HIV CASE MANAGEMENT**

The Medicaid SPPC & AIDS Waiver is one part of the statewide system of HIV Case Management care coordination. HIV Case Management provides assistance in locating, coordinating services, and referring for HIV-infected Missouri residents, based on assessed needs. HIV Case Management is provided free of charge regardless of the client's income or insurance status.